Grange Junior School



June 22nd – 24th 2026

Adding value to young lives

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Fairthorne Manor's motto is: Learning to ...

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Learning to … live under canvas.

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Children will be ‘housed’ in tents – these groups will be decided with teachers over the next few weeks.

There will be separate boy and girl tents.

Essentials – they will need:

- ✓ Sleeping bag – in a BIN BAG (in case it is raining!)
- ✓ Pillow
- ✓ Torch
- ✓ Roll mat

Roll mats are NO LONGER provided by Fairthonre Manor





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Learning to … look after yourself …



Kit list

YMCA | Here for young people Here for communities Here for you

"There's no such thing as bad weather, just bad clothing". We've heard this comment for years, but it's certainly true and some preparation will make your child's stay much more comfortable. Below is a suggested list of clothing and other items that your child will find useful during their visit.

All visits
- Sunhat or woolly hat depending on the season
- Sun cream
- Waterproof coat and trousers
- Towel and wash kit (bring 2 towels if staying residentially)
- Medication
- Camping mug if joining us for catered meals
- Refillable water bottle
- Bin bag for wet or dirty clothes
- Footwear that can get wet and dirty (crocs, flipfops or wellington boots are not appropriate for water activities, footwear must be attached to feet) and sturdy shoes such as wellingtons or hiking boots for wearing around site.

Day visits
- Packed lunch and a drink in a refillable bottle
- Appropriate clothing for the season and a spare jumper even in the summer
- A complete set of spare clothes including pants and socks

Residential
- Sleeping bag, pillow and pillow case, a fitted sheet for the bed is also recommended
- Sleeping mat if staying in tents
- Plenty of comfortable clothing that can get dirty
- T-shirts
- Several sweatshirts / pullovers (lots of thin layers)
- Shorts and jeans or tracksuit bottoms
- Spare underclothes and socks
- Smart casual clothing for the evenings
- Slippers (indoor accommodation only)
- Torch
- Pyjamas

YMCA Fairthorne Manor accepts no responsibility for the loss or damage to personal possessions and would advise valuables, including mobile phones and jewelry, are left at home. Jewelry is not permitted on any activities.

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- Bin bag for dirty washing
- Named clothing – if you want it to return home!
- NO mobile phones, smart watches or jewellery
- Water shoes

Learning to … organise yourself

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- 7.30am Breakfast
- 9.30am Activity 1
- 11.00 am Snack break
- 11.15am Activity 2
- 12.45pm Lunch
- 1.45pm Activity 3
- 3.15pm Snack break
- 3.30pm Activity 4
- 5.00pm Prepare for dinner
- 5.30pm Dinner
- 6.30pm Free time
- 7.00pm Evening activities
- 9.30pm Lights out!

Activities:

- Camo + Tracking
- Vertical Assault
- Kayaking
- Archery
- Fire Lighting
- Abseiling
- Raft Building
- Crate Challenge

Non-Swimmers
We are willing to take non-swimmers for water activity sessions, as long as they are water confident. These non-swimmers must identify themselves to the instructors before the start of the session and their names listed on the enclosed medical form prior to your visit.

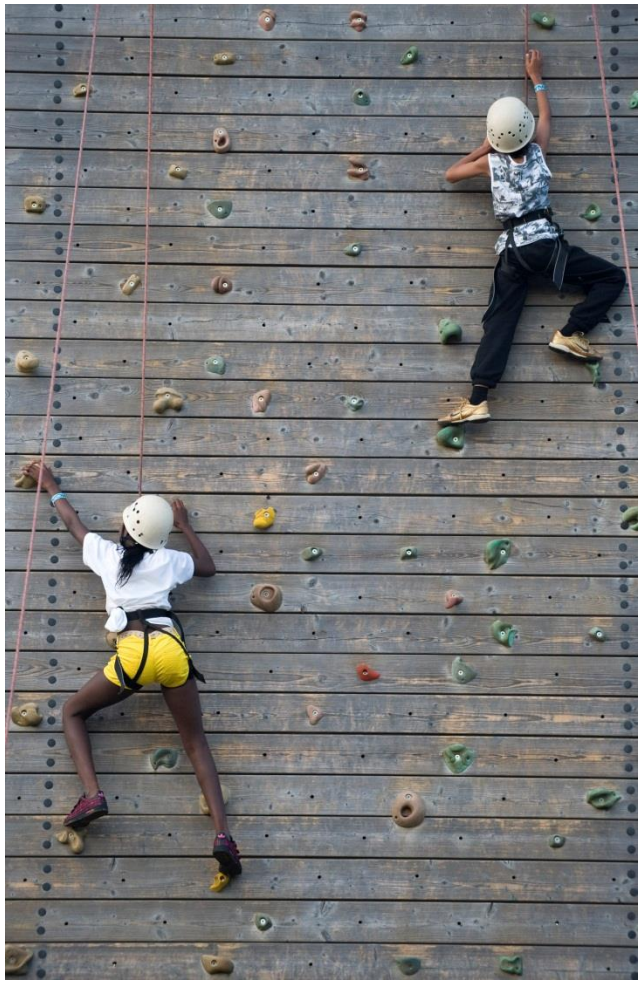
Fairthorne Manor Centre - Activity Programme

Organisation Name: Grange School | **Number Of Groups:** 3 | **Nights:** 2 | **Arrival Date:** 10:30, 22 Jun 2026 | **Departure Date:** 13:30, 24 Jun 2026

Session	Time	Grange School 1	Grange School 2	Grange School 3
Monday 22 Jun				
Mon	13:45 - 15:15	Abseiling	Orienteering 1	Orienteering 2
Mon	15:30 - 17:00	SUP 1	Camo + Tracking 1	Archery 1 - Outside
Session	**Time**	**Grange School 1**	**Grange School 2**	**Grange School 3**
Tuesday 23 Jun				
Tue	09:30 - 11:00	Archery 2 - Inside	Archery 1 - Outside	Pioneering 1
Tue	11:15 - 12:45	Pioneering 1	Pioneering 2	Camo + Tracking 1
Tue	13:45 - 15:15	Camo + Tracking 1	Team Challenge 1	Fire Lighting 1
Tue	15:30 - 17:00	Orienteering 1	SUP 1	SUP 2
Tue	19:00 - 20:30	Campfire 1	Campfire 1	Campfire 1
Session	**Time**	**Grange School 1**	**Grange School 2**	**Grange School 3**
Wednesday 24 Jun				
Wed	09:30 - 11:00	Team Challenge 2	Abseiling	Team Challenge 1
Wed	11:15 - 12:45	Fire Lighting 2	Fire Lighting 1	Abseiling

Learning to … face a challenge.

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Learning … new skills with expert staff. Safely.

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During learning activities children will be split into two groups for safety.

All equipment for activities is provided by Fairthorne Manor



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Learning to … work together.

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There will be at least two other schools sharing Fairthorne Manor while we are there.

This will be a brilliant experience for children to work with others in preparation for secondary school.



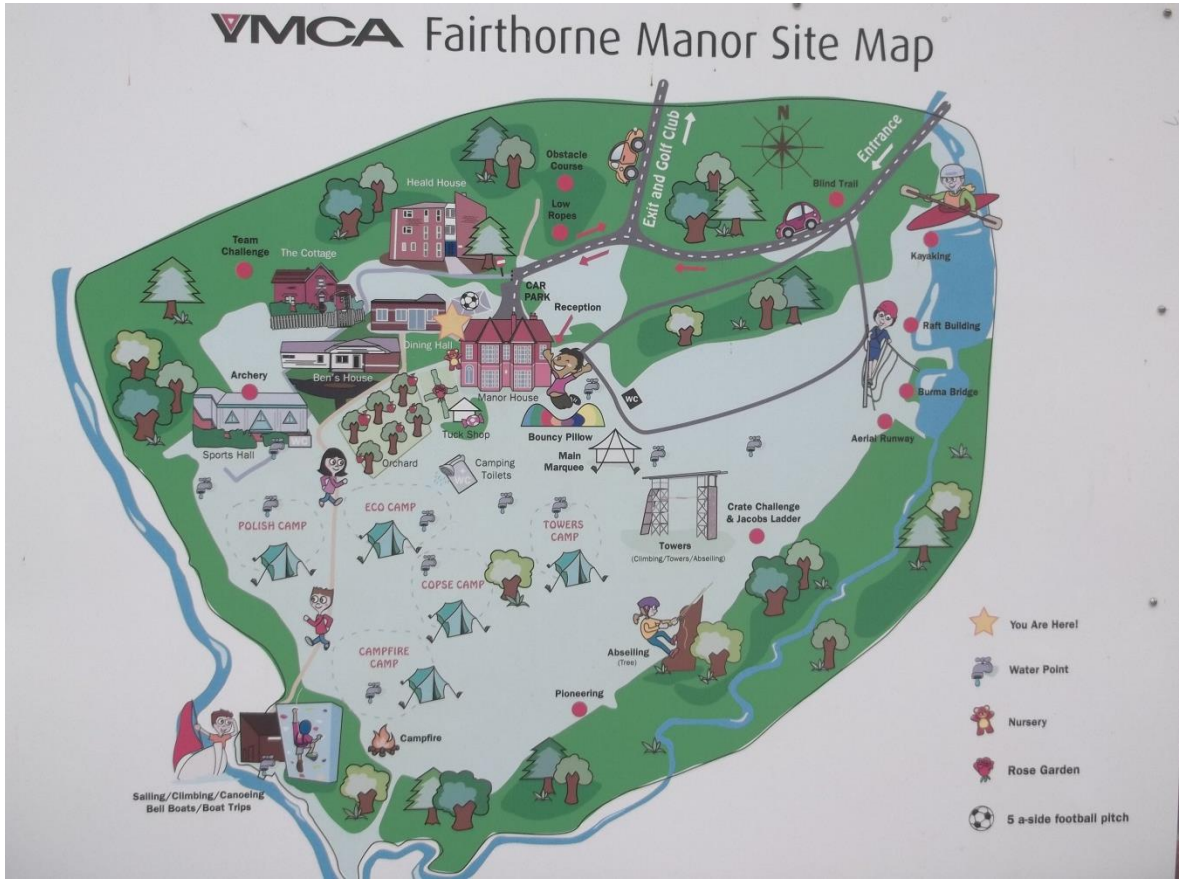
Learning to …
live an active life

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Children have been asked to choose their meals for the week.

Special dietary requirements, please see me before you leave.

Medical forms have already been sent home however, please can you ensure these are returned back to school with any allergies indicated I have spares.



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Fairthorne Manor Menu Summer 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
	Grilled bacon Or Vegan Sausage Flour bap Fruit juice Yoghurt Fresh fruit Cereal Tea and coffee	Vegan waffles and syrup Fruit juice Yoghurt Fresh fruit Cereal Tea and coffee	Pain au Chocolate Fruit juice Yoghurt Fresh fruit Cereal Tea and coffee	Pork sausage G/f Or Vegan sausage Hash browns Baked beans Fruit juice Yoghu Fresh fruit Cereal Tea and coffee	Croissant Fresh fruit Fruit juice Yoghurt Cereal Tea and coffee	English breakfast including sausages, bacon, hash browns and baked beans Fruit juice Yoghurt Fresh fruit Cereal Tea and coffee
Lunch						
Pork sausage roll Or Vegan sausage roll (served cold) ****** Snacks and fresh fruit	Ham and cheese sub rolls Or Cheese and tomato sub roll Or Ham and cheese mixed salad ****** Snacks and fresh fruit	Chicken and sweetcorn baps Or Vegan chicken baps ***** Snacks and fresh fruit	Cheese and onion slices ****** Snacks and fresh fruit	Margherita pizza twists or Ham mixed salad ****** Snack and fresh fruit	Sausage rolls Or Vegan sausage rolls ****** Chocolate muffin	Ham and cheese sub rolls Or Cheese and tomato sub rolls Or Cheese mixed salad ****** Snacks and fresh fruit
Dinner						
Beef lasagne and garlic bread Vegetable lasagne Or Jacket Potato, baked beans and cheese ****** Jam Doughnut	Hot dog, chips and beans Or Jacket Potato, baked beans and cheese ****** Blueberry muffin	Hunter chicken, potato wedges And peas ****** Chocolate chip cookie	Chicken curry, rice and naaan bread or Jacket potato, baked beans and cheese ***** Ice cream tubs, chocolate sauce	Breaded cod fillet Or Fishless fingers (vegan) Chips, peas and sweetcorn Or Jacket Potato, baked beans and cheese ****** Jam Doughnuts	Chicken fajitas, savory rice and toritlla wraps Or Vegetable fajita, savory rice and tortilla wraps Or Jacket Potato, baked beans and cheese ****** Blueberry muffin	*** Salad bar available every dinner (self service)** *** Any known special dietary requirements are catered for appropriately** *** Please note we only offer water to drink at mealtimes**

Learning … that the sun doesn't always shine…

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Many of the activities are outside therefore the children need to be prepared for whatever the weather:

- ✓ Sun cream/sunhat
- ✓ Water bottle
- ✓ Wellies/rain coat
- ✓ Change of socks/pants
- ✓ Bin liner with name on for dirty washing



Mobiles and other valuables.

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YMCA Fairthorne Group accepts no responsibility for the loss or damage to personal possessions and would advise valuables, including mobile phones and jewellery, are left at home. Parents must be advised that the wearing of jewellery is not permitted on any of the activities.

Consequences

Behaviour	Natural Consequence	Logical consequence	Protective consequence
I am not trying my best Not putting best effort into my learning Not following instructions Distracting others from their learning	I am at risk of not understanding the learning and causing others to not understand their learning.	I will have a reminder as I am at risk of having to catch up in my own time if I continue	Slight adjustment to learning or environment may be necessary
I am repeatedly not trying my best Repeatedly not putting best effort into my learning Repeated refusal to follow instructions Repeatedly distracting others from their learning	My behaviour is not respectful and I risk not understanding the learning and causing others to not understand their learning.	Coaching conversation during next available break/lunch time to discover the problem and find a solution	Learning or environment may be adjusted accordingly
I am not using appropriate language Swearing, inappropriate use of language Verbally threatening others/Answering back	My behaviour is not respectful and other people may feel unsafe	Coaching conversation to support repair during the next break/lunchtime.	If inappropriate language is repeated, I may need to spend some time supported away from the classroom/ break/lunch times so others feel safe, until I have learned the skills to be successful.
I am refusing to engage in learning Avoiding work within lessons, leaving the classroom without permission. Refusing to come back into the classroom after transition periods.	I will not have learnt what I need to understand the next part of the learning. Over time I will have gaps in my learning.	Coaching prompt in the moment to resettle. Followed by coaching conversation during next available break/ lunch time with learning completed (max 30 minutes)	Behaviour support plans reviewed Learning adjusted
I am disrupting the learning/play of others Refusing to engage in learning and causing disruption to others both in school building and outside in school grounds Encouraging others to make the wrong choice or provoking a reaction from others	Other children and adults might become frustrated with me and relationships may be ruptured I will cause myself and others to miss out on their work/learning/ play	Coaching prompt in the moment to resettle. Followed by a coaching conversation during next available break/ lunch time with time made up, if necessary (max 30 minutes)	I will need to develop positive strategies to get my dose and build connections. I may have to practice these in my own time. If I continue to disrupt others I may need to spend some time supported away from the classroom/ break/lunch times so others can learn/play.
I am damaging property or resources Damaging school equipment or others' property	I will not be able to use those resources as they may be broken or lost. I am not keeping myself and others safe	Coaching conversation , I will need to tidy/fix or repair in my own time (max 30 mins)	I may not be able to use certain resources to keep everyone safe. I may need to spend some time supported away from the classroom to keep myself and others safe.
Prejudicial Language Negative language used towards others targeting their race, gender identity, disability, sexual orientation or religious beliefs.	The person I hurt verbally may not want to spend time with me. I might hurt others feelings. It may not be appropriate for me to spend time in the class/outside at break/lunch	Coaching conversation to support repair from the next break/lunchtime. Followed by protective consequence as required.	If I continue to verbally hurt others, I will need a period of separate support during break/lunch/class time whilst I learn the strategies I need. I will then be given a chance to practice these skills back with my peers.
Hurting others: Provoked and unprovoked Biting, throwing, kicking, punching, pushing, grabbing, scratching, pinching, pulling, strangling, spitting.	Someone will get injured. The person I hurt may not want to spend time with me. It might not be safe for me and others to spend time in the class/ outside at break/lunch	Coaching conversation to support repair from the next break/lunchtime. Followed by protective consequence as required.	If I continue to hurt others, I will need a period of separate support during break/ lunch/class time whilst I learn the strategies I need. I will then be given a chance to practice these skills back with my peers.

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Questions?

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Children will return to school at about 2:30
Wednesday 24th June 2026

A text will be sent when we are back at school.